

## NCHS ROLLS OUT PROGRAMME TO TRAIN PEOPLE FOR MANAGEMENT POSITIONS

Management of New Crystal Health Services (NCHS) has rolled out a programme to train people to be appointed for key positions within the organisation. An invitation has therefore been extended to interested persons to sign onto the year-long programme.

Madam Bernice Ntelabe, acting Head of Human Resource at NCHS mentioned in an interview that the in-house exercise is among other things, aimed at equipping the people with the requisite skills needed to further enhance the operations of the organisation.

She explained that the training which is mainly practical-based is an advanced form of internship where the trainees would be assigned to certain key departments and be made to understudy the heads of those sections for a year and subsequently, be appointed as directors of those departments.

She answered in the affirmative when asked whether people have already expressed interest in the exercise, stressing that more people have applied to be trained but only ten (10) of them would be trained for now after which the rest would be enrolled later for the programme.

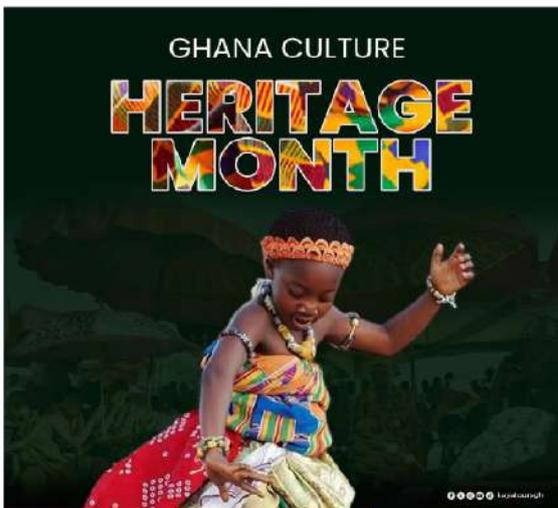
She said the trainees would be meeting with the Group CEO, Dr. Wisdom Amegbletor once every month until the programme ends



**MADAM BERNICE NTELABE**  
Ag. Head of Human Resource at NCHS

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### HAPPY HERITAGE MONTH TO ALL OUR CLIENTS AND READERS

As Ghana commemorates its 69th birthday, **Crystal News** joins management of New Crystal Health Services (NCHS) to wish all our valued clients and readers a very Happy Heritage Month. As we sit to reflect on how far we have come as a country, let's not forget to eat what we grow and grow what we eat. Let's help our local businesses to thrive by patronizing Made-in-Ghana products. New Crystal Health Services still stands proud as a Ghanaian owned company; visit us today and have all your medical issues attended to at affordable rates. Let's continue to join forces to grow together in good health.

# NEW CRYSTAL HOSPITAL'S UNITS IN FOCUS

**Crystal News** introduces to you our various well established units which currently operate 24/7. Join us as Mr. Pascal Akligo, the Operations Manager incharge of the Tema branch of New Crystal Hospital, explains briefly the functions of some of our units.

## **DAILY SIS UNIT**

The dialysis unit is a specialized department where patients with kidney failure or severe kidney dysfunction receive treatment to remove waste products and excess fluids from the blood when the kidneys cannot do so effectively. Some of the functions include:

- Blood purification
- Management of kidney failure
- Monitoring patients health during dialysis

## **ENDOSCOPY UNIT**

The Endoscopy unit is a specialized department where Doctors use an endoscope (a flexible tube with a camera and light) to examine the inner parts of body organs, especially the digestive tract. It supports both diagnosis and treatment of many medical conditions.

Some main functions include:

- Diagnostic examination such as Gastroscopy and Colonoscopy
- Tissue sampling (Biopsy). In this case, small samples are collected during endoscopy to test for diseases such as Cancer, Peptic Ulcer and Gastritis among others



**MR. PASCAL AKLIGO**

Operations Manager incharge of the Tema Branch



**A MAN UNDERGOING DAILY SIS PROCEDURE**

# NEW CRYSTAL HOSPITAL'S UNITS IN FOCUS CONTD.

## **AESTHETIC UNIT**

The Aesthetic department mainly handles medical conditions ranging from skin rejuvenation, fat reduction, dermal filler, weight loss, varicose veins treatment, anti-aging treatment, hyperpigmentation, acne and hair loss treatment among many others.

## **DENTAL UNIT**

Our Dental unit basically provides general oral health care services. It focuses on diagnosis, treatment and prevention of diseases and conditions affecting the teeth, gums and the mouth. Main functions include the following: Dental examination and diagnosis, treatment of dental diseases, tooth extraction, dental cleaning and preventive care as well as dental X-ray services among others

## **MATERNITY UNIT**

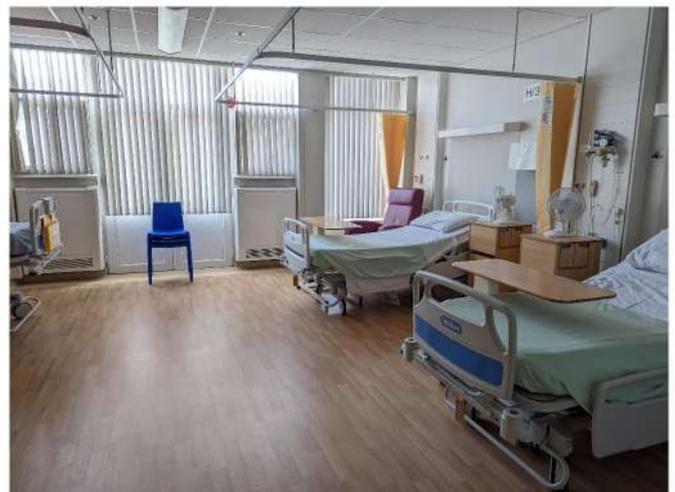
The Maternity Unit provides excellent care for pregnant women before, during and after childbirth. Same quality care is also extended to all newborn babies at the facility. Functions of this unit include safe delivery of babies, prevention of maternal and infant mortality, close monitoring of mother and baby before and after delivery, management of pregnancy complications, health education for mothers as well as immediate care for newborns



**OUR X-RAY UNIT**



**OUR DENTAL UNIT**



# NEWS TIT-BITS

## **MPOX CLAIMS 8 LIVES**

As many as eight (8) people are said to have died from the Monkey Pox (Mpx) disease since its outbreak in the country 2 years ago.

Current data shows that over one thousand (1,000) cases have so far been recorded.

Government, according to the Ministry of Health, is currently bearing the medical bills of people affected by the disease.



## **HEART FAILURE CASES ON THE RISE**

Health experts have confirmed that more people are being diagnosed with heart related diseases in the country, with majority of these people falling within the workforce class.

Reports are that 8 out of 10 cardiac hospitalizations in Ghana is caused by heart failure. Calls have therefore been made for people to prioritize their health by adopting healthy lifestyle changes as well as going for regular medical checkup.



## **INTERNATIONAL WOMEN'S DAY OBSERVED**

Series of activities have been held by individuals and civil society groups to mark this year's International Women's Day which was observed under the theme "Give To Gain".

The First Couple of the land, President Mahama and his wife called for stronger commitment to empower women and girls in all facets of life, including giving females equal access to health, education and other social supports.



# FACTS ABOUT FIBROIDS

- Fibroids are tumors made of smooth muscle cells and fibrous connective tissue that mainly develops in the uterus of a woman.
- It is estimated that about 70 to 80 percent of women will develop fibroids in their lifetime
- Not everyone who has fibroids will develop symptoms or require treatment
- Many fibroids contain changes in genes that differ from those in typical uterine muscle cells
- Two (2) hormones, namely, estrogen and progesterone cause the tissue that lines the inside of the uterus to thicken during each menstrual cycle to prepare for pregnancy
- The estrogen and progesterone seem to help fibroids grow from time to time
- Fibroid symptoms include heavy and painful periods, pelvic pressure, back pain, constipation and frequent urination
- Fibroids generally do not prevent pregnancy, but depending on size and location, they can cause complications or infertility
- Fibroids are most common in women in their 30s and 40s and often shrink after menopause.
- Some fibroids are asymptomatic (thus, they do not present symptoms at all.



# CRYSTAL WORD PUZZLE



- Fever
- Headache
- Sunburn
- Cough
- Toothache
- Elbow
- Broken
- Knee
- Backache
- Flu
- Cold
- Earache
- Obesity
- Cut
- Insomnia
- Cramp
- Measles
- Bruise
- Sneezing
- Exhausted

## Our Services

  
**EMERGENCY**

**HEALTHCARE**

  
**DIAGONOSIS**

### General Services

### Diagnostic Services

- General Consultations
- Emergency Services
- Pharmacy
- Maternity & Child Health
- Dental Care
- Health Screenings
- Home Care Services
- Corporate Health Services
- Nutrition & Wellness Counseling

- CT Scan
- Digital X-Ray
- Laboratory
- Ultrasound
- Mammography
- Electrocardiogram
- Endoscopy

### Specialist Services

### Our Branches

- Dermatology
- Gynecology
- Pediatrics
- Ear, Nose & Throat
- Obstetrics
- Surgeon
- Physician Specialist
- Urology

- Tema
- Takoradi
- Ashaiman
- Adjei Kojo
- Michel Camp